



WELCOME

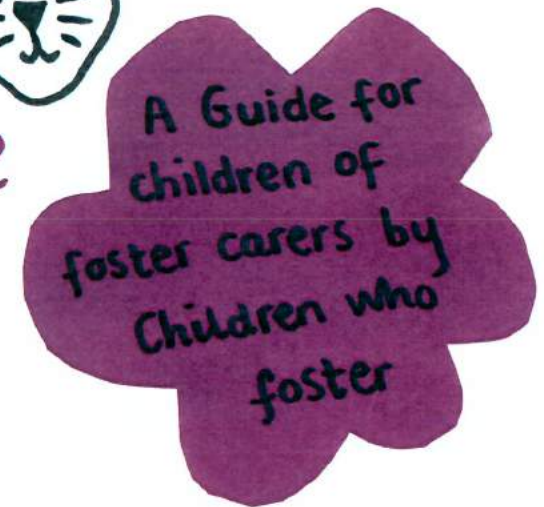
to

FOSTERING

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A Guide for
children of
foster carers by
Children who
foster

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**THERE ARE NO UNWANTED
CHILDREN, JUST UNFOUND
FAMILIES.**

sevenly.org

fostering

little
Acorns!

What is a...

FOSTER CARER?

"A foster carer is someone who looks after a child that can't be with their mum and dad for some reason"
M aged 11

"A foster carer provides for a child in their care: food, shelter, a home, love, education."
L aged 14

"A foster carer treats a foster child like part of their own family"

(1)

Parents
passing
away

There are over 63,000
children in foster care
in the UK

Family
Illness

Why do young people
and children go into

FOSTER CARE?

Abusive
Environment
(hitting, shouting,
putting them down)

This is why we need lots
of foster carers!

Mental
health
problems

What are the best things about being
a child who fosters?

5 best things
about being a child
who fosters

I like having the extra things like 4
I like having a younger brother
I like having a younger brother
It's good to have someone to go on
holidays with me
It's good to have someone to go on
holidays with me
I like having a younger brother

"Sharing mum and dad is sometimes hard. The foster child might want all of their attention"

The Challenges of ...

"Sometimes your personality clashes with the foster child and you have to work on that."

It's not nice if a foster child shouts at you or your mum & Dad

FOSTERING

Sometimes it can feel like the children are invading your personal space...

"It doesn't matter how annoying they are, it's still really sad when they go."



What Support is there for
Children who

F FOSTER



"You can talk
to people at
Little Acorns like
Cheryl, Carla &
Emily"
Mage 11

Your mum and
dad will have a
supervising
social worker who
you can talk to



You can talk
to your parents
if you have a
problem at home
or school ...

Family is not defined
by our genes,
it is built
and maintained
through love.



You can fill
in your online
diary and talk
about your worries
if you need
to.

You can come to
the support
groups for
children who foster
& speak to other
kids

Have lots of fun!!!!!!

Be a good listener

Don't take things too seriously
(Other children will say things
that they don't mean from time to time)

Be Patient

7 tips
For Becoming
**a Great
Foster Family**

Be Forgiving

Communicate

Talk to someone if you have any
worries (like your Mum & Dad)

Be Understanding

(you don't know what
others have been through)

